

# People

## Princess Kate Baby Buzz!

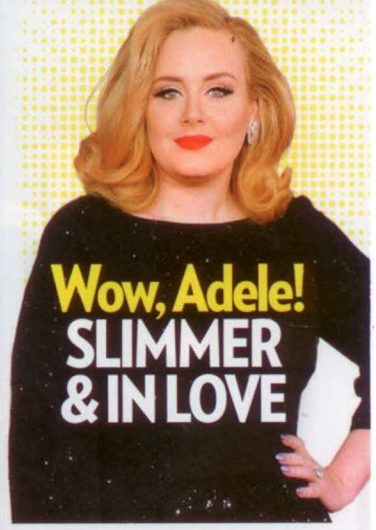
# IS SHE PREGNANT?

### 1ST ANNIVERSARY SPECIAL



## PHOTOS OF THEIR MAGICAL FIRST YEAR!

- Britain's baby fever
- Their newlywed love
- Kate's style power



## Wow, Adele! SLIMMER & IN LOVE



### ENGAGED

## ALEC BALDWIN

His 28-year-old Fiancée



### EXCLUSIVE

## JFK'S FINAL MOMENTS

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Adele, with her beau Konecki, at the Grammys on Feb. 12

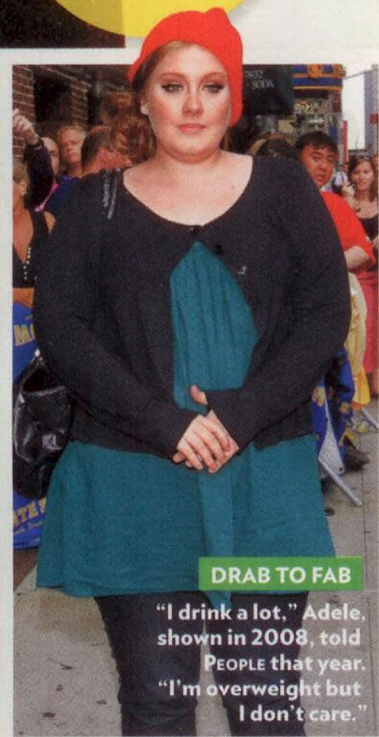
## ADELE'S LOVE DIET

**SINCE FALLING FOR BOYFRIEND SIMON KONECKI LAST YEAR, THE SLIMMED-DOWN POP STAR IS LOOKING BETTER THAN EVER**

The woman behind the world's biggest voice appears to be getting smaller. "She lost weight," says a source who spotted Adele, 23, shopping in London in mid-March. "She looked thin and elegant and so stylish!" Weight-loss expert Jackie Keller, who doesn't work with the Grammy winner, agrees. "Her face and neck are far less full, and her waist is much more slender," she says, comparing photos from February 2011 to some from this year. "I'd say she easily lost 20 to 25 lbs." Adele and her boyfriend **Simon**

**Konecki**, who turns 38 this month, have reportedly started eating healthier and jogging. (She is said to be getting into Pilates, too.) On March 20, the singer, who has told *PEOPLE* she likes to cook chili con carne and lasagna, was spotted snacking on tofu pockets with a pal at Food for Friends in Brighton, England. One advantage of Adele's makeover? Designers are rushing to dress her for red carpet events, including Clements Ribeiro, the duo who cite Adele as a "muse" for a new line. "She has pretty much every designer creating one-of-a-kind dresses for her," says stylist Mary Alice Stephenson. "[And] when you're in love, you want to show yourself off because you feel so great!"

"She is very confident, not just with clothes but also her talent," designer Barbara Tfank says of the singer, pictured at the Grammys in Giorgio Armani.



**DRAB TO FAB**

"I drink a lot," Adele, shown in 2008, told *PEOPLE* that year. "I'm overweight but I don't care."